



Central East
Region



You Can't Spell Church without J - O - Y

2018 Seaway Spring Gathering

Come join UUs from across New York for a day of worshipping, learning and connecting!

Friday, April 13

7:00 Gould Lecture with Sheila Schuh

8:30-11:00 Reception & "UUs Got Talent"

Saturday, April 14

8:00 Registration

9:00 Banner Parade and Opening Worship

9:30 Keynote with Rev. Megan Foley

10:45 Workshop Session 1

12:00 Lunch with Affinity Groups

1:15 Meet Your Neighboring Congregations

2:00 Open Space Conversations

3:00 Workshop Session 2

4:30 Closing Worship and Youth Bridging

5:00 Safe Travels

Registration: <https://tinyurl.com/UUSeaway18>

First UU Society of Syracuse

109 Waring Rd

Syracuse, NY 13224

Friday Night Gould Discourse

UU Sniffing Salts

with Sheila Schuh

Ours is now a unique position of discomfort and challenge that serves as a pore to deepening the embodiment of our faith.

If we are not going to "sleep through the revolution," we must find agents to activate our Principles most consciously. From an ancient aching call from our land, to our modern societal ache for the Beloved Community-*Wake, now, our senses and hear the earth call. Wake, now, our vision of ministry clear.*



Saturday Morning Keynote

You Can't Spell Church without J-O-Y

with Rev. Megan Foley

Unitarian Universalism is a faith that promises love, connection and justice for all sorts of people in all sorts of ways. Each of us gets the opportunity to



practice this good news faith regularly. Then why does UU congregational life often feel so, well, exhausting? Why do our leaders regularly wonder if what they do matters? Why does it sometimes feel like church is a deep hole we'll never finish digging out of? Let's take some time to reflect on our true callings as religious leaders, and think about how to bring joy back into the good news we're offering the world.